SunSmart & Hot Weather Policy

Our SunSmart Policy has been developed to ensure that all children attending this centre are protected from skin damage caused by the harmful UV rays of the sun. It is to be implemented throughout the year.

GENERAL SUNSMART STRATEGIES

1. The centre will require children to wear hats in terms one and four, when the UV levels are high, which protect the face, neck and ears whenever they are outside. In terms 2 and 3 hats will not be worn outside in line with current need for Vitamin D to be absorbed through the skin during the months when the UV rays are low and not deemed to be harmful. UV ratings will continue to be monitored in all terms.

2. When enrolling their child, parents will be expected to supply a broad-brimmed or Legionnaire style hat.

3. On enrollment, parents will sign a permission form for staff to apply cancer council approved 30+ sun screen. (or supply their own)

4. Children who do not have their hats on will be asked to play inside.

5. Children will be encouraged to use available areas of shade for outdoor play activity between 10 and 3.00pm on high UV days.

6. The Governing Council will ensure there are sufficient number of shelters and trees providing shade in the kindy grounds.

7. The availability of shade will be considered when planning excursions and outdoor activities.

8. Parents are asked to put some SPF 30+, broad spectrum, water-resistant sunscreen on their child prior to coming to kindy.

9. Sunscreen will be provided for staff and for parents to put on their children as necessary.

10. Parents will be encouraged to dress their children in clothing which will protect them from the sun.

11. Teaching about skin and ways to protect skin from the sun will be incorporated into the curriculum and programmed activities.

12. The Sun Smart Policy will be reinforced in a positive way through parent newsletters, notice boards and meetings.

13. Staff and parents will be provided with educational material on sun protection.

Policy endorsed by Governing Council .................................................. / /